

# BLOOD GLUCOSE AND PT/INR ANNUAL COMPETENCY EXAM



Nurses who perform these procedures for purposes other than teaching or specimen collection are required to take the respective competency exam(s) annually. Please complete the exam(s) by circling the correct answer and submit both pages to your supervisor.

Employee Name: \_\_\_\_\_ Date: \_\_\_\_\_

## BLOOD GLUCOSE

1. Which of the following best describes a glucometer?
  - a. An instrument that diagnoses diabetes.
  - b. An instrument that reduces the need for diabetic treatment.
  - c. An instrument used to obtain a blood sugar reading.
  - d. An instrument used to check for sugar in urine.
  
2. According to recommendations by the American Diabetes Association, the normal range for preprandial blood sugar in an adult or adolescent diabetic is:
  - a. 200-250 mg/dl.
  - b. 70-130 mg/dl.
  - c. 0-70 mg/dl.
  - d. 60-100 mg/dl.
  
3. The method for testing blood sugar with a glucometer is?
  - a. Follow the manufacturer's instructions.
  - b. There is no specific method.
  - c. The method used should depend on the client's status.
  - d. Obtain a drop of blood from the finger and apply to strip for ten seconds.
  
4. A diabetic client's blood glucose may be checked for all of the following except?
  - a. A change in the client's health status.
  - b. Before providing wound care.
  - c. As ordered by the physician.
  - d. Before and after meals.
  
5. If a glucose reading is high or low, the nurse's first response would be to:
  - a. Give the client a drink and wait for twenty minutes.
  - b. Wait and let the next shift recheck it.
  - c. Ask the client what he/she would like to have done.
  - d. Follow physician's orders according to the Care Plan in the home.

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To be completed by Evaluator. Incorrect answers must be reviewed to ensure 100% mastery. Check (✓) N/A if nurse does not perform the waived test and annual exam is not required.

Blood Glucose Competency Exam Score \_\_\_\_\_ Date \_\_\_\_\_ N/A \_\_\_\_\_

\_\_\_\_\_  
Clinical Manager Signature

# BLOOD GLUCOSE AND PT/INR ANNUAL COMPETENCY EXAM



Employee Name: \_\_\_\_\_ Date: \_\_\_\_\_

## PT/INR METER

1. Which of the following best describes a PT/INR Meter?
  - a. An instrument that reduces the need for anticoagulation treatment.
  - b. An instrument used to check blood hemoglobin level.
  - c. An instrument used to test prothrombin (PT) and International Normalized Ratio (INR) level, using fresh capillary blood.
  - d. a and b
  
2. Use of the PT/INR meter includes:
  - a. Proper maintenance and storage
  - b. Standard precautions
  - c. Physician's orders for testing
  - d. All of the above.
  
3. Clients who are on oral anticoagulants must have their blood monitored frequently because:
  - a. Oral anticoagulants have a narrow therapeutic range.
  - b. Responses to a standard dose may vary between patients and over time.
  - c. Changes in a client's diet or medications can effect the action of anticoagulation therapy.
  - d. All of the above.
  
4. Test strips that are used with the PT/INR meter:
  - a. Have an expiration date.
  - b. Must Be stored according to manufacturer's instructions.
  - c. Are for one time use only.
  - d. All of the above
  
5. What should be done if a PT/INR reading is high or low?
  - a. Report results to MD.
  - b. Instruct client to take his/her prescribed dose of Coumadin.
  - c. Wait until the next test is due and compare results.
  - d. Instruct client to remain in bed.

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To be completed by Evaluator. Each section must be reviewed to ensure 100 % mastery. Check (✓) N/A if nurse does not perform the waived test and annual exam is not required.

PT/INR Meter Competency Exam Score \_\_\_\_\_ Date \_\_\_\_\_ N/A \_\_\_\_\_

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Clinical Manager Signature